## Nourishing Dreams: Supporting Underprivileged Girls in Kolkata



## GOALS

- IMPROVE THE NUTRITIONAL QUALITY OF MEALS FOR **UNDERPRIVILEGED GIRLS.**
- ADD SEASONAL VEGETABLES, MORE NON-VEG ITEMS, AND FRUITS TO THE MENU.
- INCREASE DAILY MEAL SUPPORT FROM INR 50 PER CHILD TO ENSURE ADEQUATE NUTRITION.
- SECURE FUNDING TO PROVIDE FOOD FOR 80 CHILDREN FOR 300 DAYS.

- UNDERPRIVILEGED INDIVIDUALS.
- **EDUCATION AT GOVERNMENT SCHOOLS.**

## **ABOUT RESIDENTIAL UNIT**

- **INAUGURATED ON DECEMBER 14, 2015.**
- **ENSURING A STRUCTURED ROUTINE.**
- SUPPORT.
- SPORTS, AND HOUSEHOLD CHORES.

## **ABOUT US**

 COMMUNITY ACTION SOCIETY (CAS) IS A NON-PROFIT ORGANIZATION **UPLIFTING MARGINALIZED COMMUNITIES IN KOLKATA.** 

FOCUSES ON EDUCATION AND CHILD PROTECTION FOR

• IN PARTNERSHIP WITH SAMAGRA SHIKSHA MISSION (SSM), OPERATES A **RESIDENTIAL UNIT FOR UNDERPRIVILEGED GIRLS.** 

**PROVIDES A HOME-LIKE ENVIRONMENT AND ACCESS TO FORMAL** 

• LOCATED AT SHIBRAMPUR MADHYAMIK HIGH SCHOOL FOR GIRLS.

OFFERS A SAFE SPACE WITH WARDENS AND HOUSE-MOTHERS

• ACTIVITIES INCLUDE YOGA, SPORTS, FINE ARTS, AND EVENING STUDY

• DAILY ROUTINE INCLUDES STUDIES, PERSONAL HYGIENE, OUTDOOR

OPTIONS: 1.SPONSOR FOOD FOR 80 CHILDREN FOR A MONTH (30 DAYS): £ 1143 2.SPONSOR FOOD FOR 80 CHILDREN FOR 6 MONTHS (150 DAYS): £ 5714 3.SPONSOR FOOD FOR 80 CHILDREN FOR ONE YEAR (300 DAYS) : £ 11429				
No of Girls	One day meal cost for a child £	Support required considering 50% matching cost £	No of days in a year	Pounds £
80	0.91	0.46	300	11429
80	0.91	0.46	30	1143
80	0.91	0.46	150	5714
Contact I	Js: sendtocas@gr	e of the Bank : State Bank of India ch: New Delhi Main Branch e of the Account: Community Action Society ount No. : 39847271899 : SBIN0000691		

